

What is happiness?

Happiness is a thing that people enjoy,

Happiness is a thing that people love,

*Happiness is a thing that makes us
smile,*

Spending time together,

We talk and laugh,

*Our eyes light up seeing the world
happy,*

*There are sunny days making us
cheerful,*

*Sometimes cloudy and rainy, but we
enjoy it!*

Life is happier if you smile and laugh,

This is what happiness is about!